



Effect of native chicory inulin supplementation on rates of microbial change between individuals



Volunteers Required

We are looking for:

- Non-smoking males and females aged 18-45
- Bowel movements greater than 4 days per week
- Willing to consume dietary supplements for 6 weeks followed by a 6-week follow-up phase
- Willing to provide frequent stool samples (daily, bi-daily, weekly, and bi-weekly) throughout all phases
- Willing to provide blood samples 9 occasions (you will be required to refrain from consuming any food the night before – you may still drink water during this time, but no other fluids)
- Willing to complete daily bowel habit, mood and frequent food diaries
- Participants have the potential to earn up to \$350 to compensate for their time

To take part or find out more information please contact: Dr Peter Jackson

- ppjackso@purdue.edu
- 765-409-9789

The primary investigator is Dr Stephen Lindemann Associate Professor in Department of Food Science. Email: lindems@purdue.edu.